

BIOLOGY KAYAKING TRIP

Time: 9am or noon

Please be in the parking lot 15 minutes before your scheduled time for instructions and preparations.

The kayaking tour is approximately 1.5-2 hours (depending on weather).

Brought to you by:

SEA FOR YOURSELF KAYAKING

Sea For Yourself
Touring and Rental Center
W.R. Hearst State Memorial Beach
San Simeon, CA 93452

(805) 927-1787 Local
800-717-5225 Toll Free (California Only)

Directions from BC: (expected drive time is 2 hours 45min.)

1. Head west on Panorama Dr toward Haley St	0.2 mi
2. Take the 1st left onto Haley St	1.1 mi
3. Turn left at Height St	167 ft
4. Slight right to merge onto CA-178 W/State Route 178 W	4.3 mi
5. Continue onto CA-58 W/Blue Star Memorial Hwy/Rosedale Hwy	11.6 mi
6. Turn right at Enos Ln	1.0 mi
7. Turn left at CA-58 W/Blue Star Memorial Hwy/Rosedale Hwy	8.1 mi
8. Turn right at Tracy Ave	0.3 mi
9. Turn left to merge onto I-5 N toward Sacramento	20.4 mi
10. Take exit 278 for Paso Robles toward Lost Hills	0.3 mi
11. Turn left at CA-46 W/Paso Robles Hwy Continue to follow CA-46 W	63.7 mi
12. Turn left to merge onto CA-46 W/US-101 S	3.6 mi
13. Take exit 228 for CA-46 W toward Cambria	0.2 mi

14.	Turn right at CA-46 W/Green Valley Rd	21.8 mi
15.	Turn right at CA-1 N/Cabrillo Hwy	11.8 mi
16.	Turn left at Slo San Simeon Rd	

What to bring:

Bathing suit and comfortable clothes

SUNSCREEN (Waterproof SPF 30 & above)

HAT

SUNGLASSES w/ CHUMS

FOOTWEAR (Thongs/sandals, booties, rock socks, or old tennis shoes)

CHANGE OF CLOTHES (Bring comfortable clothes, shorts, sweats for afterwards)

TOWEL

WATER

SNACKS

WATERPROOF DISPOSABLE CAMERA

EQUIPMENT INCLUDED IN KAYAKING TOUR PACKAGES:

Kayak, Wetsuit, Paddle, Back Rest, Personal Flotation Devices, and Guides.

I hope you are as excited as I am. Please check in with Dr. Joe. Please remember this trip is non-refundable so don't be late!